

ALCOHOLICS ANONYMOUS
NORTH QUEENSLAND LIVING SOBER
WEEKEND: 4-6 OCT 2024
WITH AL-ANON PARTICIPATION
HOSTED BY NORTH QUEENSLAND DISTRICT



THEME

“Keep It Simple”

Al-Anon PROGRAM

FRIDAY

6:00 pm - 7:00 pm Set up

SATURDAY

7:00 am - 9:00 am BBQ Breakfast

9:00 am - 10:30 am **Al-Anon meeting - Taking Care Of Ourselves**

10:30 am - 11:00 am Morning Tea

11:00 am - 12:30 pm **Meeting Public Information with AA & Al-Anon participation**

12:30 pm - 1:30 pm Lunch

1:30 pm - 3:30 pm **Al-Anon meeting - Compassion**

3:30 pm - 4:00 pm Afternoon Tea

4:00 pm - 5:00 pm Set-up and Free Time

6:30 pm - 11:00 pm Dinner Dance / Karaoke / Fancy Dress

SUNDAY

7:00 am - 9:00 am Breakfast - Continental

9:00 am - 10:30 am **Al-Anon meeting - Spiritual Concepts**

10:30 am - 11:30 am Morning Tea

11:30 am - 12:30 pm **Al-Anon meeting - Slogans**

12:30 pm - 2:00 pm Lunch

2:00 pm - 3:30 pm **Al-Anon meeting - Acceptance Is The Key**

3:30 pm - 4:00 pm **Area Assembly; Countdown & Dedication to Dotty - Including Al-Anon**

4:00 pm - 4:30 pm Tidy Up

4:30 pm - Onwards NRL Grand Final, Pizza and big screen in main shed

Al-Anon: Lorraine 0409 612 966 or Maria 0456 954 856